



Keep your eyes peeled on your next school walk and train your keen Air Hero senses. There are many things that love fresh, clean air and some that cause air pollution around our schools. Have fun and see how many of these you can spot. Which ones cause air pollution and which ones help to clear the air?



You're awesome! No, really you are. By completing our E.ON Air Hero Activity pack and testing your skills, you are now one step closer to becoming an Ultimate Air Hero!

Every step you take as an Air Hero helps to make the air around your school cleaner. For more information or to watch more Air Heroes at work, just check out E.ON's YouTube channel.

We also have more on our other social media channels and you can also share any great #AirHero stories.

More details at: eonenergy.com/air-heroes

So now you've created your very own Air Hero name, let's find out what being an Ultimate Air Hero actually involves. Take some of the challenges on the next pages to learn more about how you can make the air around your school cleaner.



MONTH	NAME 1	INITIAL	NAME 2
January	SUPER	A / M / Y	BOLT
February	MEGA	B / N / Z	BAT
March	AMAZING	C / O	HEALER
April	INCREDIBLE	D / P	SPIDER
May	HEROIC	E / Q	MAGICIAN
June	BRIGHT	F / R	EAGLE
July	AWESOME	G / S	WONDER
August	INVISIBLE	H / T	PROTECTOR
September	FLYING	I / U	SPIRIT
October	AGENT	J / V	FUNSTER
November	FANTASTIC	K / W	WOLF
December	CYBER	L / X	STAR

Just find your birthday month and the first letter (initial) of your first name to find your secret Air Hero name!



OFFICIAL AIR Hero DOCUMENT

ACTIVITY PACK

YOUR MISSION...

So you want to be an Air Hero?
Your mission starts now!

Here are some fun challenges to turn any day into an action-packed adventure.

Walking to and from school is just one of the ways you can help to clean the air, but do you know what else you can do to help the planet too?

Complete these challenges to find out how you can become an Air Hero...

THIS MISSION BELONGS TO...



DIRTY AIR CLUE FINDER

Use your special Air Hero powers to find clues hidden here, so you can tell other people about your mission and what to look out for.

S	U	P	E	R	P	O	W	E	R
P	X	O	R	S	N	V	P	V	Q
O	B	H	C	L	E	A	N	B	L
L	Z	F	A	Y	A	N	R	T	S
L	O	R	R	Y	I	G	S	F	T
U	N	K	A	P	O	W	C	Y	R
T	I	D	B	V	K	D	H	E	O
I	C	A	P	E	L	Q	O	F	N
O	M	I	J	H	E	R	O	Z	G
N	E	R	W	I	W	A	L	K	T

CAN YOU FIND...

- Clean
- Car
- Kapow
- Air
- Pollution
- Strong
- Hero
- Walk
- SuperPower
- Van
- School
- Lorry
- Cape



CREATIVE TIPS...

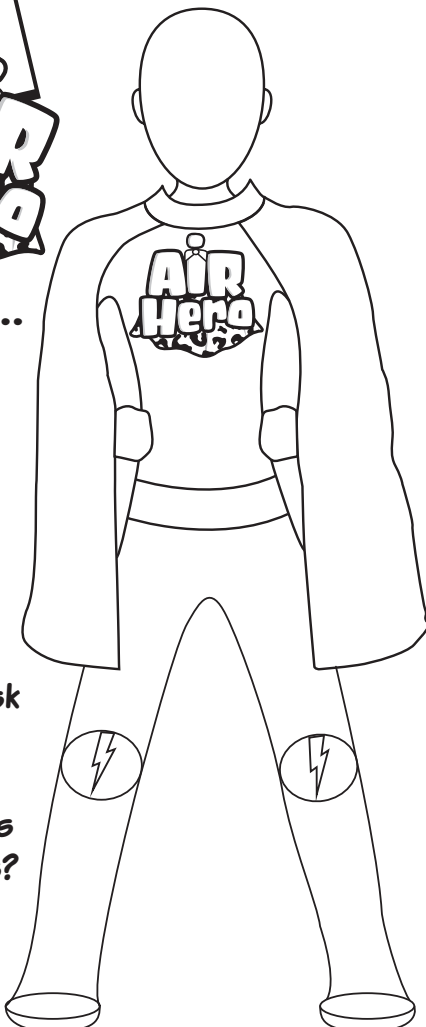
Your Air Hero could be you or someone you like.

Do they have hair or a hat?

Do they wear a mask or glasses?

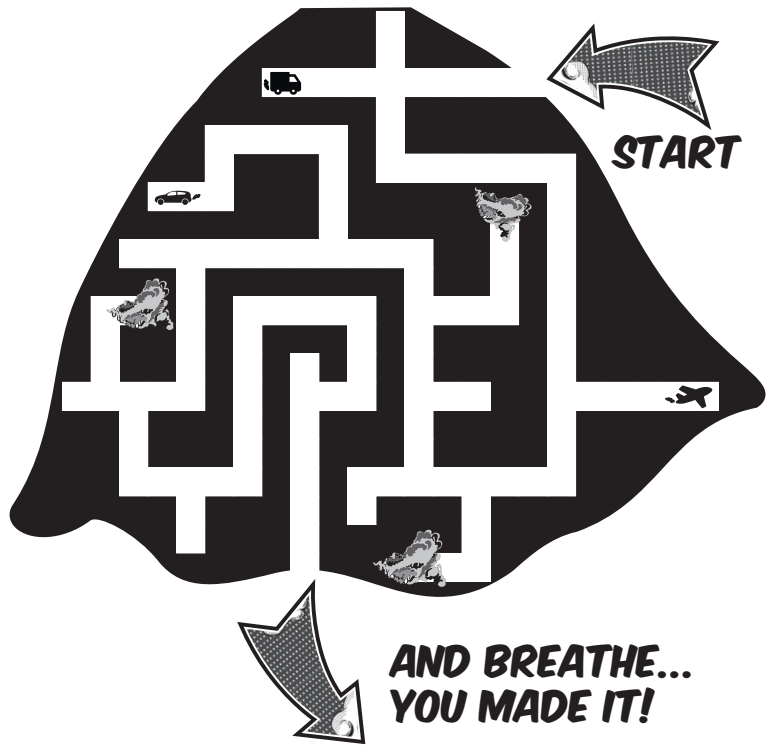
Do they wear shorts or patterned tights?

Are they human like you or alien?



THE A-MAZE-ING AIR HERO QUEST!

Oh, no! Dirty air is making it hard to see clearly on your walk to school. Take the right path and you will make it in time. Watch out for polluting traffic. Use your Air Hero cape to save the day!



AND BREATHE... YOU MADE IT!



HOW AIR HERO ARE YOU?

TICK TO EARN YOUR AIR HERO POINTS...

- I donate my clothes and toys rather than throwing them away
- I do not leave the tap running
- I turn off the light when I leave a room
- I turn the TV or computer off when I'm not using it
- I walk or take the bus to school
- I walk for fun
- I recycle
- I do not drop litter
- I encourage my friends to do all these things too

7-9 THE ULTIMATE AIR HERO
A true super hero! We need more Air Heroes like you. So, keep it up and keep finding new ways to make our planet a healthier place to live!

4-6 THE HELPFUL AIR HERO
Great work! A breath of fresh air... only a few more tasks to complete to become an Ultimate Air Hero. What more can you do?

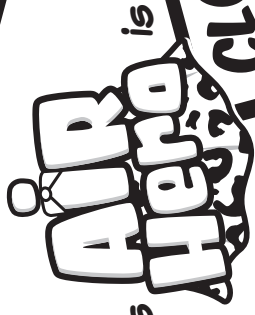
1-3 THE NEARLY AIR HERO
Congratulations! A great start... but there is still work to do. Think about what you need to do to become an Ultimate Air Hero - and then do it!

0 THE AIR-NOUGHTY
Quick, leap into action to be an Air Hero. Little changes make a big difference to you and the planet. Do the right thing!

Hang me on your door



NO ENTRY

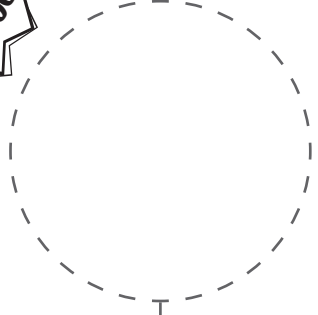


This

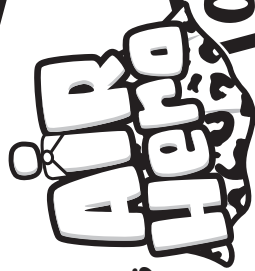
is CLOSED FOR:

- Cleaning my room
- Thinking, sssshhhh....
- Doing important homework
- Out tackling pollution
- Sleeping - even Air Heroes need rest!

Have you helped me
fight air pollution today?



COME IN



This

is OPEN FOR:

- Recharging snacks
- Reading
- Help with important homework
- Air Hero family

Today's Air Hero password is...

Empty box for password.

APPROVED CERTIFICATE

AIR HERO CONGRATULATIONS

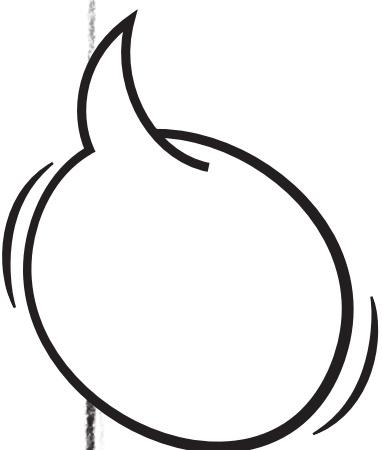
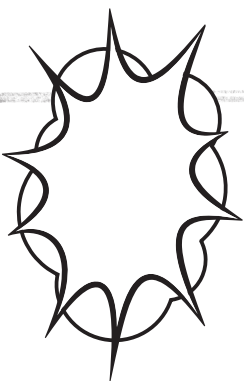
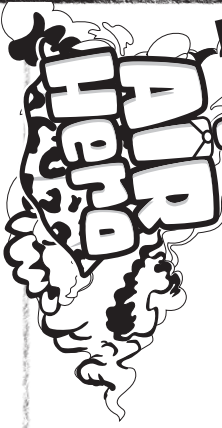
AWARDED TO...
REAL NAME

AIR HERO NAME (TRY THE NAME GENERATOR)

WHY I WANT CLEAN AIR...

AIR HEROES TIME TO MAKE YOUR OWN STORY...

HOW I'LL BE AN...



AIR HEROES

AIR HEROES LOADING...

CALLING ALL AIR HEROES!

Also... parents, guardians and teachers!

1. **Let's banish those bad air days!** Limiting the number of times you travel by car on the school run is a great start. Even better, think about asking your parents to ditch driving altogether. E.ON's research found that almost a third (29%) of parents drive their children to school, while 4 in 10 (42%) also reveal their school is within a 30-minute walking distance.

2. **We know...** sometimes walking anywhere can be challenging. If you have school friends nearby, why not suggest walking as a group. Maybe try doing challenges or activities on the walk, such as a nature mission, or try planning different routes to school one day a week. This will keep the walk fresh and interesting and might even help you to have a better sense of your local environment.

3. **Avoid congestion around your school.** If your parents do need to drive, why not ask them to park away from the school to avoid congestion directly outside the school gates. And ask them not to leave the engine running.

4. **Go electric.** When it's time for your parents to replace your car, ask them to consider an electric car as they emit fewer greenhouse gases and air pollutants than petrol or diesel cars.

THE AIR HERO MISSION

Now you know what you need to do. It's time to choose your own special mission! Perhaps it is to walk to school more often. Maybe you want to create a flower bed or vegetable patch in your garden. You might want to make it your mission to recruit your friends or classmates as Air Heroes too? Good luck!